



Treetops Menu Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Rice Krispies / Cheerios Yoghurt / Fruit Banana Bread / Toast Fruit juice / milk / water	Rice Krispies / Cheerios Yoghurt / Fruit Banana Bread / Toast Fruit juice / milk / water	Rice Krispies / Cheerios Yoghurt / Fruit Toast Fruit juice / milk / water	Rice Krispies / Cheerios Yoghurt / Fruit Toast Fruit juice / milk / water	Rice Krispies / Cheerios Yoghurt / Fruit Toast Fruit juice / milk / water
Mid-afternoon snack	Hot dogs Carrot sticks Fruit juice / water	Beans on toast / Tomato soup and bread Apple Slices Fruit juice / water	Tomato pasta spirals Orange slices Fruit juice / water	Cheese and crackers with cucumber slices Grapes Fruit juice / water	Cheese and tomato pizza Bananas Fruit juice / water



Treetops Menu Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Rice Krispies / Weetabix Slice of wholemeal toast with fruit jam Fruit juice / milk / water	Rice Krispies / Weetabix A slice of fruit toast Fruit juice / milk / water	Rice Krispies / Weetabix Yoghurt Fruit juice / milk / water	Rice Krispies / Weetabix Slice of wholemeal toast with fruit jam Fruit juice / milk / water	Rice Krispies / Weetabix A slice of fruit toast Fruit juice / milk / water
Mid-afternoon snack	Cheesy crumpets with cucumber sticks Apple slices Fruit juice / milk / water	Beans on wholemeal toast Melon slice Fruit juice / milk / water	Ham / cheese sandwiches Carrot sticks Orange slices Fruit juice / milk / water	Cheese & crackers with grapes Pineapple slices Fruit juice / milk / water	Chocolate spread and banana panCakes Bananas Fruit juice / milk / water